



**CK BIRLA HOSPITALS**  
RUKMANI BIRLA HOSPITAL

# OSA**CON**

## 2024

A multidisciplinary  
sleep apnea conference

**Date : 22-23 June, 2024**



**ANNOUNCEMENT  
BROCHURE**



**Venue : Hotel Royal Orchid,  
Durgapura, Tonk Road, Jaipur**





# ORGANISING COMMITTEE

## PATRON



**Dr. A S Bapna**



**Dr. Achal Gulati**



**Dr. A K Gupta**



**Dr. Manprakash Sharma**

## ORGANISING CHAIRMAN



**Dr. Mohnish Grover**  
Additional Superintendent  
Professor ENT-Head Neck Surgery  
SMS Medical College, Jaipur



**Dr. Rahul Nahar**  
Consultant  
ENT-Head Neck Surgery  
CK Birla Hospital, Jaipur



**Dr. Shivam Sharma**  
Consultant  
ENT-Head Neck Surgery  
CK Birla Hospital, Jaipur



**Dr. Anupam Kanodia**  
Consultant  
ENT-Head Neck Surgery  
CKS Hospital, Jaipur

## TREASURER



**Dr. Vijay Kumar Sharma**  
Consultant  
ENT-Head Neck Surgery  
CK Birla Hospital, Jaipur



**Dr. Shitanshu Sharma**  
Assistant Professor  
ENT-Head Neck Surgery  
SKS Hospital, Mathura

# ABOUT THE COURSE

This conference will be a First of its kind Multidisciplinary Sleep Apnea meeting in the State of Rajasthan



DENTAL



PEADIATRICS



NEUROLOGY



ENT



CARDIOLOGY



PULMONOLOGY

## COURSE HIGHLIGHTS

- Panel Discussion
- live Surgery
- Resident Quiz
- A to Z of Sleep Apnea
- Sleep Study instructional course
- Instructional course on Cone beam CT & Rapid maxillary expansion

Paper/ Poster Presentation for Residents



# NATIONAL FACULTY



**Dr. Srinivas Kishore Sistla**  
Director  
ENT & Head-Neck Surgery  
AIG Hospital, Hyderabad



**Dr. Vikas Agarwal**  
Director  
Speciality ENT Centre,  
Mumbai



**Dr. Alok Thakar**  
HoD & Prof. of ENT &  
Head Neck Surgery,  
AIIMS, New Delhi



**Dr. Seemab Shaikh**  
HoD ENT at Inamdar Hospital,  
Sleep Specialist attached to  
KEM Hospital, Pune



**Dr. Vijaya Krishnan P.**  
HoD of Snoring & Sleep  
Disorder Madras EN  
Research Foundation, Chennai



**Dr. Sandeep Bansal**  
Professor, Sleep Apnea &  
Rhinology Skull Base Surgeon  
PGIMER, Chandigarh



**Dr. Navin Patel**  
Director,  
Lifecare Hospital,  
Ahmedabad



**Dr. Saurabh Kalia**  
Additional Director GI Surgery,  
GI Oncosurgery & Bariatric Surgery,  
CK Birla Hospital, Jaipur



**Dr. Shivani Swami**  
Consultant  
Pulmonologist & Sleep Specialist  
Narayana Hospital, Jaipur



**Dr. Rahul Modi**  
Consultant, ENT & Sleep Apnea  
Surgeon Nanavati Hospital,  
LH Hiranandani Hospital, Mumbai



**Dr. Rakesh Godara**  
Sr. Consultant- Pulmonary,  
CK BIRLA HOSPITAL, RBH



**Dr. Saurabh Mittal**  
Consultant  
Pulmonologist & Sleep Specialist  
AIIMS, New Delhi



**Dr. Deepesh Prajapati**  
MDS,  
Pediatric Dentist,  
Consultant- Neo Clinic



**Dr. Vaibhav Nepalia**  
MDS-Orthodontics & Dentofacial  
Orthopaedics (Gold Medalist)



**Dr. Anuroop Rai**  
MDS - Oral and Maxillofacial  
Surgery



**Dr. Ritu Daga**  
NAPS PAP Sales & Services,  
"NIDRA" The Sleep Clinic, Indore



**Dr. Lata Casturi**  
MS (Behavioral Sleep Medicine),  
Telangna



**Dr. Neha Katta**  
Oral & Maxillofacial Surgery,  
Jaipur



**Dr. Kranthi Reddy R**  
Pediatric Dentistry,  
Hyderabad



**Dr. Sanjeeb Roy**  
Director, Cardiology  
CK Birla Hospital, Jaipur

## REGISTRATION FEE

Category	Early Bird till 1st May, 2024	After 1st May till 15th June, 2024	After 15th June till Spot Registration
PG- Residents	3000 INR	3500 INR	4500 INR
Consultants	3500 INR	4000 INR	5000 INR
IASSA Members	3000 INR	3500 INR	4000 INR
Overseas Delegate	100 \$	125 \$	150 \$

### Special Announcement Course :

- Sleep Study Instructional Course - Rs. 2000/-
- Instructional Course on Cone Beam CT & Rapid Maxillary Expansion - Rs. 2000/-

Hands on instructional course by Olympus  
on Stroboscopy & FEES & (Complementary,  
registration mandatory).



SCAN FOR **REGISTRATION**



SCAN FOR **PAYMENT**



# NATIONAL ADVISORS

Dr. Srinivas Kishore Sistla

Dr. Rahul Modi

Dr. Satish Jain

# STATE ADVISORS

Dr. Abhinav Rathi  
Dr. Ajay Jain  
Dr. Amit Goyal  
Dr. Amit Modwal  
Dr. Anil Saini  
Dr. Anita Bhandari  
Dr. Anjani Kumar Sharma  
Dr. Arun Patel  
Dr. Bharti Solanki  
Dr. Deepanshu Gurnani  
Dr. Deshbandhu Jain  
Dr. Dev Kumar Pingolia  
Dr. Digvijay Singh  
Dr. Gaurav Gupta  
Dr. Jairaj Vaishnav  
Dr. Kanishk Mehta

Dr. Khushboo Jain  
Dr. Mahendra Hada  
Dr. Manish Sharma  
Dr. Mukesh Gupta  
Dr. Navneet Agarwal  
Dr. Navneet Mathur  
Dr. Navneeta Gangwar  
Dr. Neeraj Kasliwal  
Dr. Nikhil Soni  
Dr. Nishi Sonkhya  
Dr. Pankaj Singh  
Dr. Pawan Singhal  
Dr. Prateek Sharma  
Dr. Rachit Jain  
Dr. Raghav Mehta  
Dr. Rajendra Dabaria

Dr. Reena  
Dr. Rekha Harshwardhan  
Dr. Rishabh Jain  
Dr. S. K. Kala  
Dr. Sachin Gupta  
Dr. Sahshank Nath Singh  
Dr. Shailesh Jain  
Dr. Shubham Agarwal  
Dr. Sunil Samdhani  
Dr. Sunita Agarwal  
Dr. Sushant Joshi  
Dr. Tanmaya Kataria  
Dr. Tarun Ojha  
Dr. Vijay Gakhhar  
Dr. Vishram Gurjar  
Dr. Yogendra Pareek

## HOTELS NEAR TO THE VENUE

### 5 STAR CATEGORY ★★★★★

HOTEL NAME	form Venue	from Jaipur Airport
Radisson Blu Jaipur	200 Mtr	2.5 KM
Jaipur Marriott Hotel	500 Mtr	2 Km
Four Points by Sheraton	2.5 KM	3 Km
Intercontinental Jaipur	10 KM	10 KM

### 3 STAR CATEGORY ★★★

HOTEL NAME	form Venue	from Jaipur Airport
	300 Mtr	3 KM
Bur Dera A Boutique Luxury	1 KM	3 Km
The Theme	3.5 KM	3.5 Km
Grand Safari	5 KM	8 KM

### 4 STAR CATEGORY ★★★★

HOTEL NAME	form Venue	from Jaipur Airport
The Fern An Ecotel Hotel	200 Mtr	3 KM
Clarion Bella Casa Hotel	1 KM	2.5 Km
Holiday Inn Express & Suites	5 KM	10 Km



# ABSTRACT & QUIZ DETAILS

## PG PAPER Guidelines :

- Registration of first author for this conference is mandatory.
- Abstract should not be more than 300 words
- Abstract should be in MS word, Time new roman font and font size 12 pt.
- Paper Structure should be under the following heading –
  1. Title
  2. Background
  3. Aim
  4. Material
  5. Methods
  6. Result
  7. Conclusion
- Time duration should be 6 minutes (5 Minutes presentation & 1 Minute Q&A)
- Title and Presenting Author's name should be written at the top of the Paper
- Qualifications of the presenting author, affiliations, Names of guides/ co-guides and institution logos are not allowed to send with paper.

## E-Poster Guidelines :

- Registration of first author for this conference is mandatory.
- File format should be PowerPoint (.PPT/.PPTX).
- Total size of the presentation should not exceed 5MB.
- Up to Five slides per E-poster.
- Animations/sounds/videos should not be used in E Poster.
- Title and Presenting Author's name should be written at the top of the E-Poster.
- A passport size photograph of the presenter should be included in the presentation.
- Qualifications of the presenting author, affiliations, Names of guides/ co-guides and institution logos are not allowed to be printed on the poster.
- The study may be presented under the following headings:
  1. Aims
  2. Objectives
  3. Materials
  4. Methods
  5. Results
  6. Discussion
  7. Conclusion
  8. References
- Poster should be in MS power point; time new roman font and font size 12 pt.
- Screens provided ratio will be 16:9 and the size will be approximately 48X30 inches.

**Last Date of Quiz Entry & Abstract Submission**

**10 June 2024**

Paper and poster should preferably be but not limited to the domain of Sleep apnea, Nasal obstruction or sleep-related breathing disorder.



Scan the QR for Quiz Entry  
& Abstract Submission



TIME	TOPIC	SPEAKER/PRESENTER
8:00 AM	<b>Registration</b>	
08:30 - 10:30 AM	<b>Surgery -1</b>	
10:30 - 10:45 AM	<b>TEA / COFFEE BREAK</b>	
10:45 - 11:00 AM	Introduction of OSA	Dr. Shivam Sharma
11:00 - 11:15 AM	Pathophysiology of OSA	Dr. Rahul Modi
11:15 - 11:30 AM	Functional Evaluation of the Upper Airway	Dr. Anupam Kanodia
11:30 - 01:30 PM	<b>Surgery -2</b>	
01:30 - 02:00 PM	<b>LUNCH BREAK</b>	
02:00 - 02:15 PM	Polysomnography- How To Read & Interpret?/ PSG Made Easy	Dr. Ritu Daga
02:15 - 02:30 PM	PAP Therapy For OSA and Selection Of The Right Device	Dr. Shivani Swami
02:30 - 02:45 PM	DISE	Dr. Rahul Nahar
02:45 - 03:00 PM	Soft Tissue Surgery For OSA	TBD
03:00 - 03:15 PM	Skeletal Surgery For OSA	Dr. Neha Katta
03:15 - 03:25 PM	Mandibular Advancement Devices	Dr. Vaibhav Nepalia
03:25 - 03:40 PM	Metabolic Effects of OSA	Dr. Saurabh Mittal
03:40 - 03:55 PM	Management of Morbid Obesity	Dr. Saurabh Kalia
03:55 - 04:45 PM	<b>Panel Discussion -</b> Role of various specialities in adult OSA- Case based discussion	<b>Moderator</b> Dr. Seemab Shaikh
04:45 - 05:10 PM	<b>Inauguration and Introduction Of IASSA</b>	
05:10 - 05:25 PM	Cardiovascular morbidity due to sleep apnea	Dr. Sanjeeb Roy
05:25 - 05:35 PM	<b>TEA / COFFEE BREAK</b>	
05:35 - 07:00 PM	Fireside Chat With <b>Dr. Mohnish Grover</b>	
07:30 - 10:30 PM	<b>Welcome Dinner</b>	

## Day 2, Sunday, 23rd June, 2024

TIME	TOPIC	SPEAKER/PRESENTER
08:30 - 09:30 AM	<b>Instructional Course (Hall-B)</b> Instructional course on Polysomnography interpretation.	Dr. Ritu Daga
09:30 - 09:45 AM	Pediatric Sleep: fact or myth?	Dr. Lata Casturi
09:45 - 10:00 AM	Pediatric OSA: An ENT Perspective	Dr. Rahul Nahar
10:00 - 10:15 AM	Tethered oral tissues	Dr. Deepesh Prajapati
10:15 - 10:30 AM	Myofunctional Therapy and Breathing Retraining	Dr. Jas Simran
10:30 - 10:40 AM	Expanders and Advancers in Children	Dr. Vaibhav Nepalia
10:40 - 11:30 AM	<b>Case Based Discussion-</b> Role of various specialities in Pediatric OSA	<b>Moderator</b> Dr. Srinivas Kishore
11:30 - 11:45 AM	<b>TEA / COFFEE BREAK</b>	
11:45 - 12:00 PM	The Role of Nasal Resistance in OSA	Dr. Shivam Sharma
12:00 - 12:15 PM	Evolution of OSA Surgery	Dr. Anupam Kanodia
12:15 - 12:30 PM	Coblation: A Versatile Tool for Surgically Management of OSA	Dr. Navin Patel
12:30 - 12:45 PM	Tips and Tricks in Palatal Surgery	Dr. Vijay Krishnan
12:45 - 01:00 PM	Surgery for OSA- Complication Management	Dr. Vikas Agarwal
01:00 - 02:00 PM	<b>Instructional Course (Hall-B) -</b> Hands on instructional course by Olympus on NBI and FEES	
01:00 - 01:15 PM	Googlies in OSA Practice for OSA	Dr. Srinivas Kishore
01:15 - 01:30 PM	Future of OSA Surgery (HNI)	Dr. Rahul Modi
01:30 - 02:00 PM	<b>LUNCH BREAK</b>	
02:00 - 03:00 PM	<b>Instructional Course (Hall-B)</b> PSG & Instructional Course on Cone Beam CT & Rapid Maxillary Expansion	Dr. Anuroop Rai, Dr. Kranthi R Dr. Deepesh Prajapati
02:00 - 02:15 PM	Troubleshooting for CPAP Non-Compliance: Easing the Device Use	Dr. Shivani Swami
02:15 - 02:30 PM	Troubleshooting for CPAP Non-Compliance: The Surgical Way	Dr. Sandeep Bansal
02:30 - 02:45 PM	COMISA	Dr. Rakesh Godara
02:45 - 03:00 PM	Central Sleep Apnea	Dr. Balveen Singh
03:00 - 03:45 PM	<b>Panel Discussion-</b> How to set up basic sleep practice?	<b>Moderator</b> Dr. Rahul Modi
03:45 - 04:30 PM	<b>Sleep Apnea Quiz for Residents</b>	Dr. Anupam Kanodia
04:30 PM	<b>Vote of Thanks</b>	Dr. Shivam Sharma

## Conference Secretariat

Department of ENT, C. K. Birla Hospital, Gopalpura Bye pass, Jaipur

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Official Conference Organisers