













INTERNATIONAL CONFERENCE ON SLEEP DISORDERS SLEEP DISORDERS SEAASM 2024 5 6 OCTOBER MARRIOTT HOTEL, INDORE

SCIENTIFIC PROGRAM





Dr. Rajesh Swarnakar (Nagpur) President



Dr. Shivani Swami (Jaipur) Secretary



Dr. Ravi Dosi (Indore) **Org. Secretary**



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PATRONS



Dr. Ashok Bajpai (Indore)

Senior Consultant
Critical Care & Respiratory Medicine
Director Apollo Hospital
Former Dean
MGMMC & MY Group of Hospital, Indore
Former Head, Dept of Medicine
MGMMC & MY Hospital



Dr. Salil Bharagava (Indore)

Prof Dept of Respiratory Diseases MGMMC & MY Hospital

INDORE CHEST SOCIETY



Dr. Rupesh Modi President Indore Chest Society



Dr. Abhijeet Khandelwal Secretary Indore Chest Society



Dr. Dilip Balani
Past President
Indore Chest Society



Dr. Anil Agrawal
Past President
Indore Chest Society



Dr. Vallabh Mundra
Past President
Indore Chest Society



Dr. Pradeep Jain
Past Secretary
Indore Chest Society



Dr. Prafulla Dubey
Vice President
Indore Chest Society



Dr. R. K. Sisodiya

Joint Secretary
Indore Chest Society



Dr. Gaurav GuptaClinical Secretary
Indore Chest Society



Dr. Vijay Agrawal Executive Member Indore Chest Society



Dr. Vijay ChhajlaniPast DTO, Indore District
T.B. Officer



Dr. Atul KharateRTD. Joint Director
State T. B. Officer Govt of MP



Dr. Tanay Joshi Executive Member Indore Chest Society



Dr. Suraj VermaExecutive Member
Indore Chest Society



Dr. Ravi Dosi Co-opted Member Indore Chest Society

ASSOCIATION OF PHYSICIANS OF INDIA



Prof. Dr. R. K. Jha
President
API Indore



Dr. Abhyudaya Verma
Secretary
API Indore



Dr. Rakesh Jain
Clinical Secretary
API Indore

CHEST COUNCIL OF INDIA (CCI)



Dr. N. H. KrishnaCCI Founder President
Davangare



Dr. Narayana Pradeepa CCI Founder Member



Dr. Ashish Kumar Dubey
President Chest Council of India CCI



Dr. Anil Maske
National Secretary
Chest Council of India CCI

INDIAN MEDICAL ASSOCIATION INDORE CHAPTER (IMA)



Dr. Narendra Patidar
President IMA
Indore Chapter



Dr. Akshat Pandey
Secretary IMA
Indore Chapter



Dr. Manish Maheshwari Vice President IMA Indore Chapter



Dr. Hari Prasad Yadav Clinical Secretary IMA Indore Chapter

ORGANIZING COMMITTEE NON INVASIVE VENTILATION WORKSHOP



Dr. Rajesh Swarnakar (Nagpur)



Dr. Milind Sovani (UK)



Prof. Talha Saad
(Sagar)
Professor & Head Department
Respiratory Medicine,
Bundelkhand Government Medical College



Prof. Kumar Girendra
(Indore)

Head of the Department
Respiratory Medicine
Index Medical College



Dr. Deepak Nagar
(Ratlam)

Head of the Department
TB and Chest Diseases
Government Medical College



Dr. Deepak Bansal
(Indore)
Associate Professor
Department Of Respiratory Medicine
MGMMC & MY Hospital

ORGANIZING COMMITTEE POLYSOMNOGRAPHY WORKSHOP



Dr. Alkesh Khurana (Bhopal)



Dr. Ajay Bhatt
(Indore)
Professor and Head
Department of Physiology
MGM Medical College



Dr. Amarjeet Singh Chhabra (Indore) Associate Professor Department of Physiology MGMMC



Dr. Ishani Vaidya
(Indore)
Associate Professor
Department of
Respiratory Medicine
Index Medical College



Dr. Sameer Vaidya
(Indore)
Consultant, Chest Physician
V-One Hospital

ASSOCIATION OF PHYSIOLOGY OF INDORE



Dr. Ajay Bhatt
(Indore)
Professor and Head
Department of Physiology
MGM Medical College



Dr. Amarjeet Singh Chhabra
(Indore)
Associate Professor
Department of Physiology
MGMMC

ORGANIZING COMMITTEE SLEEP SURGERY WORKSHOP



Dr. Srinivas Kishore (Hyderabad)



Dr. Yogita Dixit
(Indore)
Senior Consultant &
Assistant Professor MGM
& MY Hospital



Dr. Praveen Surana
(Indore)

Associate Professor
ENT Department
SAMC and PGI



Dr. Govind Gourh
(Indore)

Consultant ENT and Head
Neck Surgeon, Kokilaben
Dhirubhai Ambani Hospital



Dr. Manan Jhawar
(Indore)
Senior Resident
MGM Super Speciality
Hospital



Dr. Anurag Srivastava
(Indore)
Associate Professor
SAIMS

ORGANISING COMMITTEE DENTAL SLEEP MEDICINE WORKSHOP



Dr. Himija Karia (Nagpur)



Dr. Sandhya Jain
(Indore)
Principal
Govt Dental College



Dr. Manish Verma
(Indore)
National Vice President
IDA



Dr. Sumeet Jain
(Indore)
President
IDA MP



Dr. Rajeev Shrivastava
(Indore)
Secretary
IDA MP

ORGANIZING COMMITTEE OF PEDIATRIC SLEEP MEDICINE SYMPOSIUM



Dr Sanjiv S Rawat (Indore)



Dr. Priyanka Jain (Indore)

President IAP Indore



Dr. Saurabh Piparsani (Indore)

Secretary IAP Indore



Dr. Ashish Jaiswal (Indore)

Treasurer IAP Indore

Committee Members

Hall Management Committee

Dr. Shailendra Shivhare

Dr. Shiv Pandey

Dr. Navdeep Labana

Souvenier Committee

Dr. Dilip Singh Chawda

Dr. Hansmukh Gandhi

Dr. Nageen Jain

Dr. Nikhilesh Passari

Inauguration Function

Dr. Vijay Agrawal

Dr. Vijay Chajlani

Dr. Atul Kharate

Dr. Mahesh Patni

Welcome Committee

Dr. Sunil Mukati

Dr. Sudarshan Gupta

Dr. Azinkya Joshi

Dr. Vishal Patidar

Scientific Committee

Dr. Shailendra Jain

Dr. Tapan Surana

Dr. A. Khandelwal

Dr. Ankur Agrawal

Entertainment Committee

Dr. Y. Malviya

Dr. P. Jhanwar

Dr. D. Balani

Dr. Shailendra Jain

5th October, 2024 (Saturday) HALL - A POLYSOMNOGRAPHY **WORKSHOP**

HALL A - POLYSOMNOGRAPHY WORKSHOP

| 09:00AM - 09:25AM 09:25AM - 09:50AM 09:50AM - 10:15AM 10:15AM - 11:00AM | Indications and Evaluation before PSG EEG Scoring Respiratory Scoring Hooking up a Patient for PSG | Dr. Mayank Saxena (Noida) Dr. Alkesh Khurana (Bhopal) Dr. Khushboo Saxena (Bhopal) Dr. Sai Tej Pavirala (Vijayawada) |
|----------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|
| 11:00AM - 11:15AM | Break | |
| 11:15AM - 11:40AM 11:40AM - 12:05PM 12:05PM - 12:30PM 12:30PM - 01:00PM | Interpretation of a PSG Report Troubleshooting in a PSG Study Home Based PSG Testing (OCST) Approach to Titration & Prescription of an OSA Patient | Dr. Sameer Vaidya (Indore) Dr. K. K. Dang (Kota) Dr. Sanchit Wadhwa (Chandigarh) Dr. Alkesh Khurana (Bhopal) |
| 01:00PM - 01:45PM | Lunch | |



HALL B - DENTAL SLEEP MEDICINE WORKSHOP

| 09:00AM - 09:20AM | Pathophysiology of Airway Insufficiency & ORO-Facial Development | Dr. Vaibhav Nepalia (Jaipur) |
|-------------------|----------------------------------------------------------------------|----------------------------------------------------------|
| 09:20AM - 09:40AM | Diagnosis of Obstructive Sleep Apnea | Dr. Kranti Reddy (Hyderabad) |
| 09:40AM - 10:00AM | Interpreting PSG | Dr. Shumail Bashir (Srinagar) |
| 10:00AM - 10:20AM | Interdisciplinary Management of Sleep Related Breathing Disorders | Dr. Gouri Sankara Krishna (Nellor |
| 10:20AM - 10:40AM | Paediatric OSA | Dr. Himija Karia (Nagpur) |
| 10:40AM - 11:00AM | Oral Appliance Therapy | Dr. Nivedita Kumar (Bengaluru) |
| 11:00AM - 11:20AM | Surgical Management of Airway Insufficiency | Dr. A. Pearlcid Siroraj (Chennai) |
| | WorkShop Schedule | Dr. Himija Karia (Nagpur) Dr. Nivedita Kumar (Bengaluru) |
| | | DI. NIVEGILA RUITAT (Deligaturu) |
| | Station 1: Expansion Appliances | |
| | Station 2: Paediatric OSA appliances | |
| | Station 3: Mandibular Advancement Dev | rices |

5th October, 2024 (Saturday) HALL - C **SLEEP SURGERY** WORKSHOP

HALL C - SLEEP SURGERY WORKSHOP

| | | Dr. Yamani Gupta (Indore) |
|-------------------|--------------------------------------------------------------------|-----------------------------------------------------------|
| 09:00AM - 10:00AM | Chairpersons: | Dr. Vishal Munjal (Indore) |
| | | Dr. Navin Agarwal (Indore) |
| 09:00AM - 09:10AM | Introduction to Sleep Medicine and Impact of OSA | Dr. Anupam Kanodia (Jaipur) |
| 09:10AM - 09:25AM | Upper Airway Anatomy | Dr. P. Vijaya Krishnan (Chennai |
| 09:25AM - 09:45AM | Normal Sleep Physiology and Pathophysiology of OSA | Dr. Rahul Modi (Mumbai) |
| 09:45AM - 10:00AM | Clinical Evaluation of OSA – Avoiding Pitfalls in OSA | Dr. Sandeep Bansal (Chandigarh |
| | | Dr. Puneet Bhargava (Ujjain) |
| 10:00AM - 11:00AM | Chairpersons: | Dr. Sudhakar Vaidya (Indore) |
| | | Dr. B. S. Chauhan (Indore) |
| 10:00AM - 10:15AM | Diagnosing OSA – Identifying the Right Modality | Dr. Dipankar Dutta (Kolkata) |
| 10:15AM - 10:30AM | Defining OSA Severity – Look Beyond AHI | Dr. Rahul Modi (Mumbai) |
| 10:30AM - 10:45AM | Managing CPAP Failures – Tips and Tricks | Dr. Dipankar Dutta (Kolkata) |
| 10:45AM - 11:00AM | Drug Induced Sleep Endoscopy | Dr. Srinivas Kishore (Hyderabad |
| 11:00AM - 11:15AM | Discussion & Tea Break | |
| 11:15AM - 11:30AM | Role of Nasal Surgery in OSA | Dr. Sandeep Bansal (Chandigarh |
| 11:30AM - 11:50AM | Soft Tissue Surgery in OSA – When and How? | Dr. P. Vijaya Krishnan (Chennai |
| 11:50AM - 12:10PM | Skeletal Surgery in OSA – The Way Forward | Dr. Srinivas Kishore (Hyderabad |
| | Pannel Discussion | |
| 12:10PM - 01:10PM | Setting up a Sleep Practice – Moderator: The Recipe for Success | Dr. Srinivas Kishore (Hyderabad) |
| | Panelists: | Dr. Dipankar Dutta (Kolkata) |
| | | Dr. P. Vijaya Krishnan (Chennai |
| | | I have been been been been been been been be |
| 12:10PM - 01:10PM | | |
| 12:10PM - 01:10PM | | Dr. Sandeep Bansal (Chandigarh Dr. Rahul Modi (Mumbai) |



HALL D - NON-INVASIVE VENTILATION WORKSHOP

| 09:00AM - 09:30AM | Non Invasive Ventilation : The 4Ms - Mechanics, Machine, Modes and Masks | Dr. Sonam Solanki (Mumbai) |
|-------------------|-----------------------------------------------------------------------------|-------------------------------|
| 09:30AM - 09:35AM | Q & A | |
| 09:35AM - 10:05AM | NIV in Acute Hypercapnoic Respiratory Failure | Dr. Rajesh Swarnakar (Nagpur) |
| 10:05AM - 10:10AM | Q & A | |
| 10:10AM - 10:40AM | NIV in Chronic Ventilatory Failure | Dr. Milind Sovani (UK) |
| 10:40AM - 10:45AM | Q & A | |
| 10:45AM - 11:15AM | Clinical Applications & Case Studies | Dr. Milind Baldi (Indore) |
| 11:15AM - 11:20AM | Q & A | |
| 11:20AM - 11:50AM | Newer Modes of NIV | Dr. Mahavir Modi (Pune) |
| 11:50AM - 11:55AM | Q & A | |

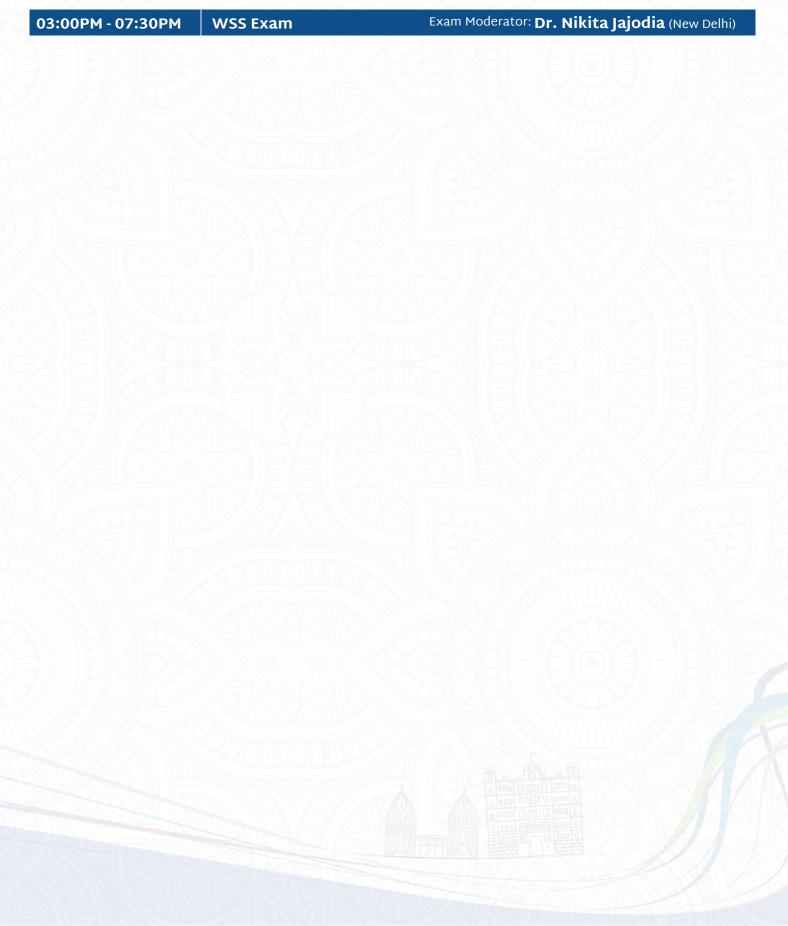
| Hands On Training |
|------------------------------------------------|
| Station 1 - Machines & Modes |
| Station 2 -Interfaces & Accessories |
| Station 3 : Setting up of NIV with ABG reports |

5th October, 2024 (Saturday) Scientific Program

| 09:00AM - 01:00PM | Workshops | |
|-------------------------------------------------------------|----------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|
| 09:00AM - 01:00PM | Hall A - Polysomnography Workshop | |
| 09:00AM - 01:00PM | Hall B - Non-Invasive Ventilation Workshop | |
| 09:00AM - 01:00PM | HAll C - Dental Sleep Medicine Workshop | |
| 09:00AM - 01:00PM | Hall D - Sleep Surgery Workshop | |
| 01:00PM - 01:45PM | Lunch | |
| | Hall A | |
| 02:00PM - 02:15PM | Chairperson: Symposium 1 | Dr. Mahesh Mishra (Jaipur) Dr. M.K. Gupta (Jaipur) Dr. Ashish Dubey (Bhopal) Dr. Sudarshan Gupta (Indore) |
| 02:00PM - 02:15PM | Emerging Diagnostic & Therapeutic Technologies | Dr. Himanshu Garg (Australia) |
| 02:15PM - 03:00PM | Case Based Panel Discussion: Sleeping with the Enemy Moderator: | Dr. Nimit Khara (Anand) |
| 02:15PM - 03:00PM | Panelists: | Dr. Alkesh Khurana (Bhopal) Dr. Khushboo Saxena (Bhopal) Dr. Shanmugapriya K. (Chennai Dr. Anbumaran (Chennai) Dr. S. Z. Jaffery (Indore) |
| 03:00PM - 03:45PM | Chairperson: Debate: In Lab PSG and Titration V/S HSAT | Dr. Manimaran (Chennai) Dr. Tanay Joshi (Indore) Dr. Ronak Jain (Ratlam) Dr. A R Pawar (Indore) |
| 03:00PM - 03:15PM 03:15PM - 03:30PM 03:30PM - 03:45PM | In Lab PSG HSAT Q & A and Panel Discussion | Dr. Apar Jindal (Chennai) Dr. G. Thilagavathy (Chennai) |
| 03:45PM - 04:30PM | Chairperson: Symposium 2 | Dr. A. R. Gayathri (Chennai) Dr. Neha Mandovara (Indore) Dr. K. Anupama Murthy (Coimbatore) Dr. Aarti Julka (Ujjain) |
| 03:45PM - 04:00PM 04:00PM - 04:15PM 04:15PM - 04:30PM | COPD & OSA – Whom to Treat and How OSA in Women Q & A and Panel Discussion | Dr. Sonia Dalal (Vadodara) Dr. Anshum Aneja (Gurugram) |

| 04:30PM - 05:30PM | Symposium 3 | Dr. Rupesh Modi (Indore) Dr. Sanjay Awashiya (Indore) Dr. Nishant Shrivastava (Bhopal) Dr. N. H. Krishna (Davangere) |
|-------------------|----------------------------------|----------------------------------------------------------------------------------------------------------------------|
| 04:30PM - 04:45PM | Insomnia: Pharmacological Update | Dr. Ramya Sampath Kumar (Chen |
| 04:45PM - 05:00PM | Narcolepsy - A Complete Overview | Dr. Amita Nene (Mumbai) |
| 05:00PM - 05:15PM | Central Sleep Apnea Update | Dr. Mayank Saxena (Noida) |
| 05:15PM - 05:30PM | S - AIR Data | Dr. Raja Dhar (Kolkata) |
| 05:30PM - 07:30PM | Oral / Poster Presentation | |
| 07:30PM | Inauguration followed by Dinner | |

| Hall B | | |
|-------------------|----------|-------------------------------------------------------|
| 02:00PM - 04:00PM | Quiz | Quiz Master: Dr. Sonam Solanki (Mumbai) |
| 03:00PM - 07:30PM | WSS Exam | Exam Moderator: Dr. Nikita Jajodia (New Delhi) |





| | Hall A | |
|-------------------|----------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|
| 09:00AM - 10:05AM | Chairpersons Symposium 4: OSA | Dr. Laxmi Murali (Chennai) Dr. Dilip Balani (Indore) Dr. Talha Saad (Sagar) Dr. Praful Dubey (Indore) |
| 09:00AM - 09:15AM | Beyond AHI – Newer Metrics in OSA | Dr. Pratibha Dogra (Gurugram) |
| 09:15AM - 09:40AM | Training Prospects in Sleep Medicine Across the Globe | Dr. Himanshu Garg (Australia) |
| 09:40AM - 10:00AM | Telemonitoring in Sleep Medicine | Dr. Milind Sovani (UK) |
| 10:00AM - 10:05AM | Q & A | |
| 10:05AM - 11:00AM | Chairpersons Symposium 5 | Dr. Sudhir Mourya (Indore) Dr. Archana Verma (Indore) Dr. Dharmendra Jhawar (Indore) Dr. Aveg Bhandari (Indore) |
| 10:05AM - 10:25AM | Sleep Deprivation & Public Safety Policy | Dr. Rajesh Swarnakar (Nagpur) |
| 10:25AM - 10:40AM | Setting Up a Sleep Service in India | Dr. Alkesh Khurana (Bhopal) |
| 10:40AM - 11:00AM | Case Based Discussion: Update & Review: Treatment of RLS | Dr. Dinesh Chouksey (Indore) |
| | Working Tea | |
| 11:00AM - 11:45AM | Chairpersons Symposium 6 | Dr. Aruna (Chennai) Dr. V. P. Pandey (Indore) Dr. Yogesh Shah (Indore) Dr. Deepak Bansal (Indore) |
| 11:00AM - 11:15AM | Screening tools for Sleep Apnea - Work in Evolution | Dr. Subhash Shantha Kumar (Darwin) |
| 11:15AM - 11:30AM | Challenges in Diagnosing and Managing OHS | Dr. B. P. Singh (Lucknow) |
| 11:30AM - 11:45AM | COMISA Impart & Novel Assessment Tools | Dr. Gopal Raval (Ahmedabad) |
| 11:45AM - 12:30PM | Panel Disclission. | Dr. Mahavir Modi (Pune) Dr. Satish Motiwale (Indore) Dr. Anil Agarwal (Indore) Dr. Vikas Uthra (Ujjain) |
| | Panelists | : Dr. Reena Kumar (Delhi) |
| | | Dr. Himija Karia (Nagpur) |
| | | Dr. Rahul Modi (Mumbai) |
| | | Dr. Srinivas Kishore (Hyderaba |
| | | Dr. Saumitra Roy (Chennai) |
| | | Dr. Suraj Verma (Indore) |

Dr. Minal Modi (Pune)

| 12:30PM - 01:10PM | Symposium 7 | S: Dr. M.K. Sharma (Indore) Dr. Pramod Jhawar (Indore) Dr. Abhyudaya Verma (Indore) Dr. Ratan Vaish (Bhopal) |
|-------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 12:30PM - 12:45PM | Diagnosing Sleep Apnoea in Hospitalised Patients | Dr. Indranil Halder (Hooghly) |
| 12:45PM - 01:00PM | Phenotyping & individualized treatment of OSA | Dr. Sami Jayaraman (Chennai) |
| 01:00PM - 01:10PM | Q & A and Panel Discussion | |
| 01:10PM - 01:15PM | Patient's view: Stories & Testim | onies |
| 01:15PM - 02:00PM | Lunch | |
| | Chairperson | n: Dr. Rafi (Hyderabad) |
| 02:00PM - 02:45PM | Symposium 8 | Dr. Pradeep Jain (Indore) |
| | -3 | Dr. Sunil Gangrade (Indore) |
| | | Dr. Kumar Girendra (Indore) |
| 02:00PM - 02:15PM | E-Cigarettes & Cigarette Smoking – Its Association with Inadequate Sleep | Dr. Avinash Jain (Indore) |
| 02:15PM - 02:30PM | Safety of Medical Devices- CPAP & Ventilators | Dr. Pratibha Dogra (Gurugram) |
| 02:30PM - 02:45PM | Sleep in Elderly | Dr. Saurabh Mittal (New Delhi) |
| 02:45PM - 03:00PM | Patient's view: Stories & Testim | onies / Tea Break |
| | Chairperson | n: Dr. Kalpesh Talati (Ahemdabad) |
| 03:00PM - 04:00PM | Symposium 9 | Dr. R. K. Jha (Indore) |
| | | Dr Moiz Topiwala (Indore) |
| | | Dr. Ankit Agrawal (Indore) |
| 03:00PM - 03:15PM | Clean Veer End Devieus Clean Discarder | |
| | Sleep Year End Review: Sleep Disorder Breathing | Dr. Parvaiz Kaul (Srinagar) |
| 03:15PM - 03:30PM | | Dr. Parvaiz Kaul (Srinagar) Dr. Nalini Nagalla (Hyderabad) |
| 03:15PM - 03:30PM 03:30PM - 03:45PM | Breathing | |
| | Breathing CBT in Insomnia | Dr. Nalini Nagalla (Hyderabad) |
| 03:30PM - 03:45PM | Breathing CBT in Insomnia Pulmonary HTN & OSA Q & A and Panel Discussion | Dr. Nalini Nagalla (Hyderabad) |
| 03:30PM - 03:45PM 03:45PM - 04:00PM | Breathing CBT in Insomnia Pulmonary HTN & OSA Q & A and Panel Discussion Chairperson | Dr. Nalini Nagalla (Hyderabad) Dr. Saurabh Karmakar (Patna) Dr. Sunil Mukati (Indore) |
| 03:30PM - 03:45PM | Breathing CBT in Insomnia Pulmonary HTN & OSA Q & A and Panel Discussion | Dr. Nalini Nagalla (Hyderabad) Dr. Saurabh Karmakar (Patna) Dr. Sunil Mukati (Indore) Dr. Gaurav Gupta (Indore) |
| 03:30PM - 03:45PM 03:45PM - 04:00PM | Breathing CBT in Insomnia Pulmonary HTN & OSA Q & A and Panel Discussion Chairperson | Dr. Nalini Nagalla (Hyderabad) Dr. Saurabh Karmakar (Patna) Dr. Sunil Mukati (Indore) |
| 03:30PM - 03:45PM 03:45PM - 04:00PM | Breathing CBT in Insomnia Pulmonary HTN & OSA Q & A and Panel Discussion Chairperson Symposium 10 Hypersomnia: Recent Research | Dr. Nalini Nagalla (Hyderabad) Dr. Saurabh Karmakar (Patna) Dr. Sunil Mukati (Indore) Dr. Gaurav Gupta (Indore) Dr. Rupesh Modi (Indore) |
| 03:30PM - 03:45PM 03:45PM - 04:00PM 04:00PM - 05:00PM | Breathing CBT in Insomnia Pulmonary HTN & OSA Q & A and Panel Discussion Chairperson Symposium 10 | Dr. Nalini Nagalla (Hyderabad) Dr. Saurabh Karmakar (Patna) Dr. Sunil Mukati (Indore) Dr. Gaurav Gupta (Indore) Dr. Rupesh Modi (Indore) Dr Ashwin Songara (Indore) |
| 03:30PM - 03:45PM 03:45PM - 04:00PM 04:00PM - 05:00PM | Breathing CBT in Insomnia Pulmonary HTN & OSA Q & A and Panel Discussion Chairperson Symposium 10 Hypersomnia: Recent Research and Updates ABC's of PAP Titration | Dr. Nalini Nagalla (Hyderabad) Dr. Saurabh Karmakar (Patna) Dr. Sunil Mukati (Indore) Dr. Gaurav Gupta (Indore) Dr. Rupesh Modi (Indore) Dr Ashwin Songara (Indore) Dr. Sreenivas (Chennai) Dr. Saumitra Roy (Chennai) |
| 03:30PM - 03:45PM 03:45PM - 04:00PM 04:00PM - 05:00PM 04:00PM - 04:15PM 04:15PM - 04:30PM | Breathing CBT in Insomnia Pulmonary HTN & OSA Q & A and Panel Discussion Chairperson Symposium 10 Hypersomnia: Recent Research and Updates | Dr. Nalini Nagalla (Hyderabad) Dr. Saurabh Karmakar (Patna) Dr. Sunil Mukati (Indore) Dr. Gaurav Gupta (Indore) Dr. Rupesh Modi (Indore) Dr Ashwin Songara (Indore) Dr. Sreenivas (Chennai) |

| | Hall B | |
|-------------------------------------------------------------|---------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 09:00AM - 10:45AM | | Dr. S. S. Rawat (Indore) Dr. Ajeet Singh Devra (Indore) Dr. Dipal Kamdaar (Ahmedabad) Dr. Bhupendra Singh Shekhawat (Indore) Dr. Sharad Thora (Pune) Dr. Hemant Jain (Pune) |
| 09:00AM - 09:30AM 09:30AM - 10:00AM 10:00AM - 10:45AM | Overview of Pediatric Sleep Setting up a Pediatric Sleep Center Adult Vs. Pediatric Sleep Scoring | Dr. Sanjay Bafna (Pune) Dr. Kashmira Jhala (Ahmedabad) Pankaj Arora (Delhi) |
| 10:45AM - 01:00PM | | Dr. S. S. Rawat (Indore) Dr. Ajeet Singh Devra (Indore) Dr. Gunjan Kela (Indore) Dr. Nirbhay Mehta (Indore) |
| 10:45AM - 11:30AM | Handling Difficult Patients in Pediatric Sleep Setting | Dr. Lata Casturi (Secunderabad) |
| 11:30AM - 12:00PM | Diagnostic Approach to Sleep Disorders | Dr. Indu Khosla (Mumbai) |
| 12:00PM - 01:00PM | Set Up a Pediatric Patient (Hands on) | Pankaj Arora (Delhi) Dr. Lata Casturi (Secunderabad) |
| 01:00PM - 02:00PM | Lunch | |
| 02:00PM - 03:00PM | Chairperson: Symposium 11 | Dr. A. Pancholiya (Indore) Dr. Pravin Dani (Indore) Dr. Subir Jain (Indore) Dr. Rakesh Jain (Indore) |
| 02:00PM - 02:15PM 02:15PM - 02:30PM 02:30PM - 02:45PM | Sleep & Kidney Disease OSA and Cardiac Comorbidities OSA and Non Cardiac Comorbidities | Dr. Asad Riyaz (Indore) Dr. Smit Shrivastava (Raipur) Dr. Sandeep Julka (Indore) |
| 02:45PM - 03:00PM | OSA & Allergic Rhinitis | Dr. Zaheer Abbas (Aurangabad) |

| | Panel of Judges: | Dr. Varun Patel (Ahmedabad) |
|-------------------|----------------------------|---------------------------------|
| | | Dr. Vaibhav Chaturvedi (Indore) |
| | | Dr. Mir Faisal (Srinagar) |
| | | Dr. Tapan Surana (Indore) |
| 03:00PM - 05:00PM | Oral / Poster Presentation | Dr. Nikhilesh Pasari (Indore) |
| | | Dr. Ratre (Indore) |
| | | Dr. Bharat Saboo (Indore) |
| | Master of Ceremony | Dr. Animesh Jain (Mangalore) |

| 05:00PM - 05:15PM | Valedictory function | |
|-------------------|---------------------------------|---------------------------------------------------------------------------------------------------------------|
| 05:15PM - 06:15PM | Meet the Experts (Public Forum) | Moderator: Dr. Salil Bhargava (Indore) Dr. V. S. Pal (Indore) Dr. Upendra Soni (Indore) Dr. Neha Rai (Indore) |

WHERE TO TRAVEL IN INDORE?

HISTORICAL ICONS

Rajwada Palace



Built in the year 1766 by the rulers of the Holkar Dynasty, Rajwada Palace is seven–storied building exhibiting a mix of Maratha, French, and Mughal architectural styles.

Krishna Pura Chhatri



These structures house the remains of the deceased members of the Holkar Dynasty. Built in the 19th century over the place where these rulers were cremated comprises of three chhatris.

Chhatri of Malhar Rao Holk



Erected by Maharani
Ahilya Bai Holkar in 1766
A.D, Chhatri of Malhar
Rao Holkar was built to
honor the great Maratha
general. It stands apart
with its beautiful carvings
and magnificent
architecture.

Gandhi Hall



Built in 1904 Gandhi Hall is the most prominent historical building in the city. The building features the Indo-Gothic style of architecture. The building was initially named King Edward Hall and was renamed as Gandhi Hall after India's independence.

Lal Bagh Palace



Construction of Lal Bagh Palace began in the late nineteenth century and was completed in 1926 by the Holkar dynasty. It was served as the residence of the Holkar rulers. The architecture reflects Italian Renaissance Revival style, making it one of India's finest neo-classical buildings.

WHERE TO TRAVEL IN INDORE?

JYOTIRLING DARSHAN

Mahakaleshwar Ujjain



Shri Mahakaleshwar of Ujjain is known among the twelve celebrated Jyotirlingas in India. The glory of Mahakaleshwar temple has been vividly described in various Purans. Starting with Kalidasa, many sanskrit poets have eulogized this temple in emotive terms.

Omkareshwar



Omkareshwar Jyotirlinga a shiv temple on Omkar Mountain an island in mid Narmada, revered Hindu temple is the center of extreme faith. There are 12 jyotirlinga temples in India and omkareshwar is one of them.

FOOD DESTINATIONS

Chappan Dukan



The famous food street Chappan
Dukan is a heaven for people who
love to eat or love to have a snack.
Chappan Dukan is like a food treasure
trunk with assorted dishes including
North Indian, South Indian dishes.
From thelas of pani puris to a bowl of
Noodles you get every bit of taste
along the lane of Chappan

Sarafa Night Food Market



Indore is a city that prides itself on its food. It's the only city that have a whole street famously called 'Sarafa' that serves the tastiest vegetarian snacks, chaat, and sweets right from 8pm to 2am at night.

ACCOMODATION OPTIONS

(Near Venue)



Sayaji Hotel Indore--800 meters H/1 , Scheme No.54, Vijay Nagar, Indore, Madhya Pradesh 452010



Radisson Blu Hotel Indore--2.9 kms 12, Ring Rd, Scheme No 171, Indore, Madhya Pradesh 452010



Effotel by Sayaji--2.3 kms Plot No. 10, C/ C.A, Scheme No:94, Sector C, Scheme 94 Sector CA, Indore, Madhya Pradesh 452010



Wow Crest--2.2 kms Plot No. 106 Scheme No. 54 PU - 3 Commercial, AB Rd, Indore, Madhya Pradesh 452010



Best Western Plus Indore--1.7 kms 306 B, PU4, Scheme 54, AB Rd, near Rasoma Lab Square Road, Vijay Nagar, Indore, Madhya Pradesh 452010



Fairfield by Marriott Indore–2.4 kms Plot No 18, C CA, Ring Rd, Scheme No 94 Sector EB, Indore, Madhya Pradesh 452010



Pride Hotel & Convention Centre Indore--9.7 kms 35, PW5H+6VQ, 1, Bicholi Mardana, near pride hotel, Indore, Madhya Pradesh 452016



Lemon Tree Hotel, Indore--4.9 kms 3, RNT Marg, South Tukoganj, Indore, Madhya Pradesh 452001



Kyriad Hotel Indore by OTHPL-600 metersPlot. 34-35, FF Scheme No. 54, Opposite Meghdoot Garden, Vijay Nagar, Indore, Madhya Pradesh 452010













Registration Fees

| CATEGORY | EARLY BIRD REGISTRATION UNTIL 25 [™] SEPTEMBER, 2024 | LATE BIRD REGISTRATION UNTIL 2 ND OCTOBER, 2024 | SPOT |
|-------------|------------------------------------------------------------------|---------------------------------------------------------------|-----------|
| MEMBER | INR 3,000 | INR 4,000 | INR 5,000 |
| NON MEMBER | INR 4,000 | INR 5,000 | INR 6,000 |
| PG STUDENTS | INR 2,500 | INR 2,500 | INR 2,500 |

| NON-INVASIVE VENTILATION WORKSHOP | INR 1,000 | INR 1,200 | INR 1,500 |
|-----------------------------------|-----------|-----------|-----------|
| DENTAL SLEEP MEDICINE WORKSHOP | INR 500 | INR 700 | INR 1,000 |
| SLEEP SURGERY WORKSHOP | INR 1,000 | INR 1,200 | INR 1,500 |
| POLYSOMNOGRAPHY WORKSHOP | INR 1,000 | INR 1,200 | INR 1,500 |















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