



ENDORSED BY



6th

INTERNATIONAL CONFERENCE ON SLEEP DISORDERS

SEAASM 2024

5TH 6TH OCTOBER
MARRIOTT HOTEL,
INDORE

SCIENTIFIC PROGRAM



Applied
for MPMC
Credit
Points



Dr. Rajesh Swarnakar
(Nagpur)
President



Dr. Shivani Swami
(Jaipur)
Secretary



Dr. Ravi Dosi
(Indore)
Org. Secretary



+91 9425070800



www.seaasm.org



seaasmnew@gmail.com

PATRONS



Dr Ashok Bajpai
(Indore)

Senior Consultant
Critical Care & Respiratory Medicine,
Director Apollo Hospital
Former Dean
MGMMC & MY Group of Hospital, Indore
Former Head, Dept of Medicine ,
MGMMC & MY Hospital,



Dr. Salil Bharagava
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Prof Dept Of Respiratory Diseases,
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T.B. Officer



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RTD. Joint Director
State T. B. Officer Govt of MP



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Indore Chest Society



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Co-opted Member
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Indore Chapter



Dr. Hari Prasad Yadav
Clinical Secretary, IMA,
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**Professor & Head Department
Respiratory Medicine,
Bundelkhand Government Medical College**



Prof. Kumar Girendra
(Indore)

**HOD Department of
Respiratory Medicine,
Index Medical College**



Dr. Deepak Nagar
(Ratlam)

**HOD, Department of TB
and Chest Diseases, GMC**



Dr. Deepak Bansal
(Indore)

**Associate Professor
Department Of Respiratory Medicine
Myh & MGMMC**

ORGANIZING COMMITTEE POLYSOMNOGRAPHY



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(Bhopal)



Dr. Ajay Bhatt
(Indore)
Professor and Head
Department of Physiology
MGM Medical College



Dr. Amarjeet Singh Chhabra (Indore)
Associate Professor
Physiology
M.G.M Medical College



Dr. Ishani Vaidya
(Indore)
Associate Professor
Department of
Respiratory Medicine
Index Medical College



Dr Sameer Vaidya
(Indore)
Consultant, Chest Physician
V-One Hospital

ASSOCIATION OF PHYSIOLOGY OF INDORE



Dr. Ajay Bhatt
(Indore)
Professor and Head
Department of Physiology
MGM Medical College



Dr. Amarjeet Singh Chhabra
(Indore)
Associate Professor Physiology
M.G.M Medical College

ORGANIZING COMMITTEE SLEEP SURGERY



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(Hyderabad)



Dr. Yogita Dixit
(Indore)
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Assistant Professor MGM
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(Indore)
**Associate Professor
ENT Department,
SAMC and PGI**



Dr. Govind Gourh
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**Consultant ENT and Head
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Dhirubhai Ambani Hospital**



Dr. Manan Jhavar
(Indore)
**Senior Resident,
MGM Super Speciality
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Dr. Anurag Srivastava
(Indore)
**Associate Professor,
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Principal, Govt
Dental College



Dr. Manish Verma
(Indore)
National Vice
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IDA MP



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(Indore)
Secretary,
IDA MP

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Dr. Saurabh Piparsani
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Dr. Ashish Jaiswal
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**President
Treasurer, IAP**

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Dr. Shiv Pandey
Dr. Navdeep Labana

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Dr. Sudarshan Gupta
Dr. Azinkya Joshi
Dr. Vishal Patidar

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Dr. Ankur Agrawal

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Dr. Vijay Chajlani
Dr. Atul Kharate
Dr. Mahesh Patni

Welcome Committee

Dr. Y. Malviya
Dr. P. Jhanwar
Dr. D. Balani
Dr. Shailendra Jain



**5th October,
2024 (Saturday)**

**Scientific
Program**

5TH OCTOBER, 2024 (SATURDAY)

09:00AM - 01:00PM	Workshops	
09:00AM - 01:00PM	Hall A - Polysomnography Workshop	
09:00AM - 01:00PM	Hall B - Non-Invasive Ventilation Workshop	
09:00AM - 01:00PM	Hall C - Dental Sleep Medicine Workshop	
09:00AM - 01:00PM	Hall D - Sleep Surgery Workshop	
01:00PM - 01:45PM	Lunch	
Hall A		
02:00PM - 02:15PM	Symposium 1	Chairperson: Dr. Mahesh Mishra (Jaipur) Dr. Pramod Jhanwar (Indore) Dr. Ashish Dubey (Bhopal)
02:00PM - 02:15PM	Emerging Diagnostic & Therapeutic Technologies	Dr. Himanshu Garg (Australia)
02:15PM - 03:00PM	Case Based Panel Discussion: Sleeping with the Enemy	Moderator: Dr. Nimit Khara (Anand)
02:15PM - 03:00PM		Panelists: Dr. Alkesh Khurana (Bhopal) Dr. Khushboo Saxena (Bhopal) Dr. Shanmugapriya K. (Chennai) Dr. Mayank Saxena (Noida) Dr. S. Z. Jaffery (Indore)
03:00PM - 03:45PM	Debate: In Lab PSG and Titration V/S HSAT	Chairperson: Dr. Manimaran (Chennai) Dr. Tanay Joshi (Indore) Dr. Lokendra Dave (Bhopal)
03:00PM - 03:15PM	In Lab PSG	Dr. Apar Jindal (Chennai)
03:15PM - 03:30PM	HSAT	Dr. G. Thilagavathy (Chennai)
03:30PM - 03:45PM	Q & A and Panel Discussion	
03:45PM - 04:30PM	Symposium 2	Chairperson: Dr. A. R. Gayathri (Chennai) Dr. Neha Mandovara (Indore) Dr. Aarti Julka (Ujjain)
03:45PM - 04:00PM	COPD & OSA – Whom to Treat and How	Dr. Sonia Dalal (Vadodara)
04:00PM - 04:15PM	OSA in Women	Dr. Anshum Aneja (Gurugram)
04:15PM - 04:30PM	Q & A and Panel Discussion	
04:30PM - 05:30PM	Symposium 3	Chairperson: Dr. R. Shridhar (Chennai) Dr. Gaurav Gupta (Indore) Dr. Nishant Shrivastava (Bhopal)
04:30PM - 04:45PM	Insomnia: Pharmacological Update	Dr. Ramya Sampath Kumar (Chennai)
04:45PM - 05:00PM	Narcolepsy - A Complete Overview	Dr. Amita Nene (Mumbai)
05:00PM - 05:15PM	Central Sleep Apnea Update	Dr. Mayank Saxena (Noida)
05:15PM - 05:30PM	S - AIR Data	Dr. Raja Dhar (Kolkata)
08:30PM	Inauguration followed by Dinner	

5TH OCTOBER, 2024 (SATURDAY)

Hall B

02:00PM - 04:00PM

Quiz

Quiz Master: **Dr. Sonam Solanki**

03:00PM - 07:30PM

WSS Exam

Exam Moderator: **Dr. Nikita Jajodia** (Delhi)

6th October,
2024 (Sunday)

Scientific Program

6TH OCTOBER, 2024 (SUNDAY)

Hall A

09:00AM - 10:05AM	Symposium 4: OSA	Chairpersons: Dr. Laxmi Murali (Chennai) Dr. Dilip Balani (Indore) Dr. Amrish Patel (Ahmedabad)
09:00AM - 09:15AM	Beyond AHI – Newer Metrics in OSA	Dr. Pratibha Dogra (Gurugram)
09:15AM - 09:40AM	Training Prospects in Sleep Medicine Across the Globe	Dr. Himanshu Garg (Australia)
09:40AM - 10:00AM	Telemonitoring in Sleep Medicine	Dr. Milind Sovani (UK)
10:00AM - 10:05AM	Q & A	

10:05AM - 11:00AM	Symposium 5	Chairpersons: Dr. Ajay Shah (Ahmedabad) Dr. Archana Verma (Indore) Dr. Dharmendra Jhawar (Indore)
10:05AM - 10:25AM	Sleep Deprivation & Public Safety Policy	Dr. Rajesh Swarnakar (Nagpur)
10:25AM - 10:40AM	Setting Up a Sleep Service in India	Dr. Alkesh Khurana (Bhopal)
10:40AM - 11:00AM	Case Based Discussion: Update & Review: Treatment of RLS	Dr. Dinesh Chouksey (Indore)

Working Tea

11:00AM - 11:45AM	Symposium 6	Chairpersons: Dr. Aruna (Chennai) Dr. Anil Agrawal (Indore) Dr. Nilesh Wadhvani (Ratlam)
11:00AM - 11:15AM	Screening tools for Sleep Apnea - Work in Evolution	Dr. Subhash Shantha Kumar (Darwin)
11:15AM - 11:30AM	Challenges in Diagnosing and Managing OHS	Dr. B. P. Singh (Lucknow)
11:30AM - 11:45AM	COMISA Impart & Novel Assessment Tools	Dr. Gopal Raval (Ahmedabad)

11:45AM - 12:30PM	Panel Discussion: Multidisciplinary Approach to OSA	Moderator: Dr. Mahavir Modi (Pune) Chairperson: Dr. Rajnish Sharma (Jaipur) Dr. Satish Motiwale (Indore) Dr. Vikas Uthra (Ujjain)
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Panelists: **Dr. Reena Kumar** (Delhi)
Dr. Himija Karia (Nagpur)
Dr. Rahul Modi (Mumbai)
Dr. Srinivas Kishore (Hyderabad)
Dr. Saumitra Roy (Chennai)
Dr. K. Anupama Murthy (Coimbatore)
Dr. Minal Modi (Pune)

6TH OCTOBER, 2024 (SUNDAY)

12:30PM - 01:10PM	Symposium 7	Chairpersons: Dr. Gaurav Chabra (Udaipur) Dr. Sanjay Awashiya (Indore) Dr. Ratan Vaish (Bhopal)
12:30PM - 12:45PM	Diagnosing Sleep Apnoea in Hospitalised Patients	Dr. Indranil Halder (Hooghly)
12:45PM - 01:00PM	Phenotyping & individualized treatment of OSA	Dr. Sami Jayaraman (Chennai)
01:00PM - 01:10PM	Q & A and Panel Discussion	
01:10PM - 01:15PM	Patient's view: Stories & Testimonies	
01:15PM - 02:00PM	Lunch	
02:00PM - 02:45PM	Symposium 8	Chairperson: Dr. Rafi (Hyderabad) Dr. Pradeep Jain (Indore) Dr. Mustafa Singaporewala (Ujjain)
02:00PM - 02:15PM	E-Cigarettes & Cigarette Smoking – Its Association with Inadequate Sleep	Dr. Avinash Jain (Delhi)
02:15PM - 02:30PM	Safety of Medical Devices- CPAP & Ventilators	Dr. Pratibha Dogra (Gurugram)
02:30PM - 02:45PM	Sleep in Elderly	Dr. Saurabh Mittal (New Delhi)
02:45PM - 03:00PM	Patient's view: Stories & Testimonies / Tea Break	
03:00PM - 04:00PM	Symposium 9	Chairperson: Dr. Kalpesh Talati (Ahemdabad) Dr. R. K. Jha (Indore) Dr. Ashwin Songara (Dewas)
03:00PM - 03:15PM	Sleep Year End Review: Sleep Disorder Breathing	Dr. Parvaiz Kaul (Srinagar)
03:15PM - 03:30PM	CBT in Insomnia	Dr. Nalini Nagalla (Hyderabad)
03:30PM - 03:45PM	Pulmonary HTN & OSA	Dr. Saurabh Karmakar (Patna)
03:45PM - 04:00PM	Q & A and Panel Discussion	
04:00PM - 05:00PM	Symposium 10	Chairperson: Dr. Keyur Patel (Ahmedabad) Dr. Suraj Verma (Indore) Dr. Abhishek Tiwari (Neemuch)
04:00PM - 04:15PM	Hypersomnia: Recent Research and Updates	Dr. Sreenivas (Chennai)
04:15PM - 04:30PM	ABC's of PAP Titration	Dr. Rakesh K. Chawla (Delhi)
04:30PM - 04:45PM	Complex Sleep Apnoea	Dr. Deepak Muthreja (Nagpur)
04:45PM - 05:00PM	Q & A and Panel Discussion	

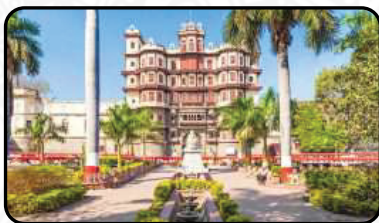
6TH OCTOBER, 2024 (SUNDAY)

09:00AM - 10:45AM	Pediatric Symposium: 1	Moderator: Dr. S. S. Rawat (Indore) Chairperson: Dr. Dipal Kamdaar (Ahmedabad) Dr. Bhupendra Singh Shekhawat (Indore) Dr. Sharad Thora (Pune) Dr. Hemant Jain (Pune)
09:00AM - 09:30AM	Overview of Pediatric Sleep	Dr. Sanjay Bafna (Pune)
09:30AM - 10:00AM	Setting up a Pediatric Sleep Center	Dr. Kashmira Jhala (Ahmedabad)
10:00AM - 10:45AM	Adult Vs. Pediatric Sleep Scoring	Dr. Pankaj Arora (Delhi)
10:45AM - 01:00PM	Pediatric Symposium: 2	Moderator: Dr. S. S. Rawat (Indore) Dr. Ajeet Singh Devra (Indore) Chairperson: Dr. Gunjan Kela (Indore) Dr. Nirbhay Mehta (Indore)
10:45AM - 11:30AM	Handling Difficult Patients in Pediatric Sleep Setting	Dr. Lata Casturi (Secunderabad)
11:30AM - 12:00PM	Diagnostic Approach to Sleep Disorders	Dr. Indu Khosla (Mumbai)
12:00PM - 01:00PM	Set Up a Pediatric Patient (Hands on)	Dr. Pankaj Arora (Delhi) Dr. Lata Casturi (Secunderabad)
01:00PM - 02:00PM	Lunch	
02:00PM - 03:00PM	Symposium 11	Chairperson: Dr. Nitin Abhyankar (Pune) Dr. A. Pancholiya (Indore) Dr. Gawarikar Sir (Ujjain) Dr. V. S. Misra (Mandsaur)
02:00PM - 02:15PM	Sleep In Sports: Optimizing Sleep for Peak Performance	Dr. Prashant Chhajed (Mumbai)
02:15PM - 02:30PM	OSA and Cardiac Comorbidities	Dr. Smit Shrivastava (Raipur)
02:30PM - 02:45PM	OSA and Non Cardiac Comorbidities	Dr. Sandeep Julka (Indore)
02:45PM - 03:00PM	OSA & Allergic Rhinitis	Dr. Zaheer Abbas (Aurangabad)
03:00PM - 05:00PM	Poster Presentation	Panel of Judges: Dr. Varun Patel (Ahmedabad) Dr. Vaibhav Chaturvedi (Indore) Dr. Mir Faisal (Srinagar) Dr. Ankur Agrawal (Indore) Dr. Shailesh Agrawal (Indore) Dr. Kaushik Muthuraja (Chennai)
05:00PM - 05:15PM	Valedictory function	
05:00PM - 06:00PM	Meet the Experts (Public Forum)	Moderator: Dr. Salil Bhargava (Indore)

WHERE TO TRAVEL IN INDORE?

HISTORICAL ICONS

Rajwada Palace



Built in the year 1766 by the rulers of the Holkar Dynasty, Rajwada Palace is a seven-storied building exhibiting a mix of Maratha, French, and Mughal architectural styles.

Krishna Pura Chhatra



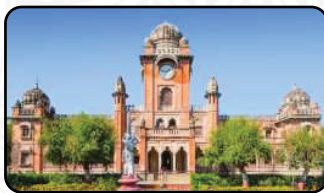
These structures house the remains of the deceased members of the Holkar Dynasty. Built in the 19th century over the place where these rulers were cremated, it comprises of three chhatris.

Chhatra of Malhar Rao Holkar



Erected by Maharani Ahilya Bai Holkar in 1766 A.D., the Chhatra of Malhar Rao Holkar was built to honor the great Maratha general. It stands apart with its beautiful carvings and magnificent architecture.

Gandhi Hall



Built in 1904, Gandhi Hall is the most prominent historical building in the city. The building features the Indo-Gothic style of architecture. The building was initially named King Edward Hall and was renamed as Gandhi Hall after India's independence.

Lal Bagh Palace



Construction of Lal Bagh Palace began in the late nineteenth century and was completed in 1926 by the Holkar dynasty. It was served as the residence of the Holkar rulers. The architecture reflects Italian Renaissance Revival style, making it one of India's finest neo-classical buildings.

WHERE TO TRAVEL IN INDORE?

JYOTIRLING DARSHAN

Mahakaleshwar Ujjain



Shri Mahakaleshwar of Ujjain is known among the twelve celebrated Jyotirlingas in India. The glory of Mahakaleshwar temple has been vividly described in various Purans. Starting with Kalidasa, many sanskrit poets have eulogized this temple in emotive terms.

Omkareshwar



Omkareshwar Jyotirlinga a shiv temple on Omkar Mountain an island in mid Narmada, revered Hindu temple is the center of extreme faith. There are 12 jyotirlinga temples in India and omkareshwar is one of them.

FOOD DESTINATIONS

Chappan Dukan



The famous food street Chappan Dukan is a heaven for people who love to eat or love to have a snack. Chappan Dukan is like a food treasure trunk with assorted dishes including North Indian, South Indian dishes. From thelas of pani puris to a bowl of Noodles you get every bit of taste along the lane of Chappan

Sarafa Night Food Market



Indore is a city that prides itself on its food. It's the only city that have a whole street famously called 'Sarafa' that serves the tastiest vegetarian snacks, chaat, and sweets right from 8pm to 2am at night.

ACCOMODATION OPTIONS

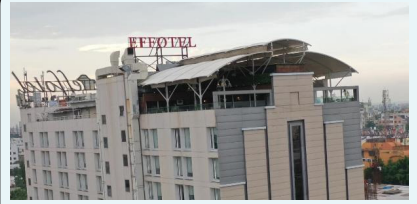
(Near Venue)



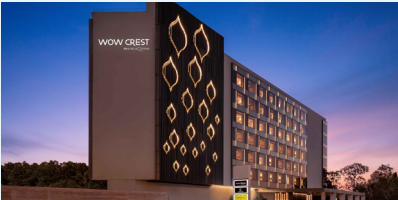
Sayaji Hotel Indore--800 meters
H/1 , Scheme No.54, Vijay Nagar,
Indore, Madhya Pradesh 452010



Radisson Blu Hotel Indore--2.9 kms
12, Ring Rd, Scheme No 171, Indore,
Madhya Pradesh 452010



Effotel by Sayaji--2.3 kms
Plot No. 10, C/ C.A, Scheme No:94,
Sector C, Scheme 94 Sector CA, Indore,
Madhya Pradesh 452010



Wow Crest--2.2 kms
Plot No. 106 Scheme No. 54 PU - 3
Commercial, AB Rd, Indore,
Madhya Pradesh 452010



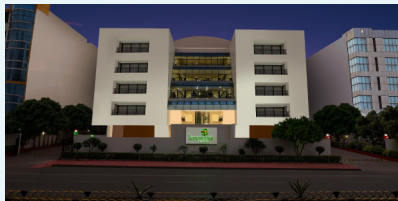
Best Western Plus Indore--1.7 kms
306 B, PU4, Scheme 54, AB Rd,
near Rasoma Lab Square Road,
Vijay Nagar, Indore,
Madhya Pradesh 452010



Fairfield by Marriott Indore--2.4 kms
Plot No 18, C CA, Ring Rd,
Scheme No 94 Sector EB, Indore,
Madhya Pradesh 452010



**Pride Hotel & Convention
Centre Indore--9.7 kms**
35, PW5H+6VQ, 1, Bicholi Mardana,
near pride hotel, Indore,
Madhya Pradesh 452016



Lemon Tree Hotel, Indore--4.9 kms
3, RNT Marg, South Tukoganj, Indore,
Madhya Pradesh 452001



**Kyriad Hotel Indore by
OTHPL--600 meters**
Plot. 34-35, FF Scheme No. 54, Opposite
Meghdoot Garden, Vijay Nagar, Indore,
Madhya Pradesh 452010



Registration Fees

CATEGORY	EARLY BIRD REGISTRATION UNTIL 15 ST SEPTEMBER, 2024	LATE BIRD REGISTRATION UNTIL 20 TH SEPTEMBER, 2024	SPOT
MEMBER	INR 3,000	INR 4,000	INR 5,000
NON MEMBER	INR 4,000	INR 5,000	INR 6,000
PG STUDENTS	INR 2,500	INR 2,500	INR 2,500
WORKSHOP (ANY ONE)	INR 1,000	INR 1,200	INR 1,500

*18% GST Applicable on Registration Fees

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For any Travel Related Query:

Satish Badhale
+919009233911

Harsh Badhale
+919826339252

For any Assistance Regarding the Conference:

Stuti Gupta
+919099331348

Lakhan Solanki
+919425070800

Manjit
+919993201604

Conference Secretariat

Dr. Ravi Dosi
Dosi Bhawan
124 ,tilak nagar main
Post office road
Indore 452018



Event Managed by:

Rx Events Pvt. Ltd
401, Shyamak Complex,
Opp. Sahjanand College, Ambawadi,
Ahmedabad, Gujarat-380015
Phone : +91 90993 31371/50
contact@rxevents.co.in
www.rxevents.co.in