

SCIENTIFIC PROGRAMME

Day 1: 12 November 2016, Saturday

SESSION 1		
Wakeline: 8:00AM – 1:00 PM		
Coordinators: Dr Prashant Dugga, Dr Rajnish Sharma, Dr Ravi Gupta		
TIME	TOPIC	SPEAKER
8:00 – 8:30am	Work up of the patient before entering a Pol	Dr. Ashish Khurana
8:30 – 10:00am	Workup of the patient	Dr. Rajnish Sharma
10:00 to 10:30 am	4th session, interpretations of various sleep stages	Dr. Ravi Gupta
TEA BREAK		
10:30 to 11:00am	Respiratory scoring	Dr. Prashant Dugga
11:00 to 11:30am	interpretation of a PSG report	Dr. Ashish Khurana
Work Stations		
11:30 to 12:00pm	Different kind of Sleep Studies	Dr. Ashish Khurana
	Workup the patient	Dr. Ashish Khurana
	Interpreting the results	Dr. Prashant Dugga
	The art of Medicine	Mr. Sandeep Oberoi
	Meds and Devices	
1:00 to 2:00pm		
Inauguration Function & Lunch		
Sleep Evaluation		
TIME	TOPIC	SPEAKER
2:00 to 2:20pm	How to order a sleep test	Dr. Hemant Singh
2:20 to 2:40pm	Update in Sleep Diagnosis	Dr. Bharat Datta
2:40 to 3:00pm	Clinical evolution of OSA	Dr. Prashant Dugga
3:00 to 3:20pm	Advances in OSA	Dr. Ravi Mathur
Tea Break		
Sleep Disorders & Complications		
TIME	TOPIC	SPEAKER
3:40 to 4:00pm	Neurology	Dr. Anshu Nema
4:00 to 4:20pm	OSA and its cardiovascular effects	Dr. Sanjay Manchanda
4:20 to 4:40pm	Central Sleep Apnea	Dr. Hemant Singh
4:40 to 5:00pm	Treating OSA in a risk factor for CVD	Dr. Ashish Khurana
5:00 to 5:30 pm	Sleep and Metabolic Syndrome	Dr. Sandeep Oberoi

Day 2: 13 November 2016, Sunday

SESSION 4		
Other Sleep Disorders		
TIME	TOPIC	SPEAKER
8:00 to 9:20 am	Epidemiology of sleep disorders	Dr. B. P. Singh
9:20 to 10:40 am	Approach to hypersomnia	Dr. Vijay Kumar
10:40 to 10:50 am	Insomnia	Dr. Rajnish Sharma
10:50 to 11:20 am	Sleep in ICU	Dr. B. P. Singh
11:20 to 11:50 am	11:20 to 11:50 am	
SESSION 5		
Parasomnias & Movement disorders		
TIME	TOPIC	SPEAKER
10:40 to 11:00 am	PLMS and RMD	Dr. Vinay Dutt
11:00 to 11:20 am	Restless Leg Syndrome	Dr. Ravi Gupta
11:20 to 11:40 am	RBD Behaviour Disorder	Dr. Ashish Khurana
11:40 to 11:50 am	Co-sleeping disorders	Dr. Ravi Gupta
SESSION 6		
Sleep and Airway Obstruction		
TIME	TOPIC	SPEAKER
12:40 to 1:20pm	OSA and COPD Overlay syndrome	Dr. Gopal Rana
1:20 to 1:40pm	Obstructive apnoea syndrome	Dr. Sanjay Manchanda
1:40 to 1:50pm	CPAP and OSA	Dr. Prashant Dugga
1:50 to 2:20pm	Neurological Disruptions	Dr. Sachin Bhatia
LUNCH		
Therapeutic Updates		
TIME	TOPIC	SPEAKER
2:00 to 2:20pm	How to do Titration Study & application of MW Masks	Dr. Sachin Bhatia
2:20 to 2:40pm	Role of Oral Appliances in current guidelines	Dr. Ashish Khurana
2:40 to 3:00pm	Surgical options for OSA	Dr. Vikram Singh
3:00 to 3:20pm	Drug induced sleep Endpoints	Dr. Ashish Khurana
3:20 to 3:40pm	Prevalence OSA	Dr. Mayank Joshi
3:40 to 4:00pm	Surgeon Management of Pediatric OSA	Dr. Binod Jain
4:00 to 5:00pm	Vote of Thanks followed by High tea	

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International Conference on Sleep Disorders (ICSD)

Jaipur

12th & 13th November 2016



Venue :

Hotel Radisson Blu

Plot No. 5 - 6, Airport Plaza, Tonk Road,
Durgapura, Jaipur, Rajasthan 302018

Second Conference of
SOUTH-EAST ASIAN ACADEMY
OF SLEEP MEDICINE

ORGANIZED BY :

PULMONARY EDUCATION & RESEARCH SOCIETY (PERS)
JAIPUR



Dear Friends & Colleagues,

We are grateful to the executive committee of the South East Asian Academy of Sleep Medicine (SEAASM) for giving us the opportunity to host the 2nd conference of SEAASM. The 2nd conference of SEAASM that is International Conference On Sleep Disorders 2016 (ICSD - 2016) is going to be held on 12th and 13th November at Hotel Radisson Blue, Jaipur.

Our Pulmonary Education & Research Society (PERS), Jaipur is a registered society of dynamic pulmonologist who are devoted for education, research and patient care of chest diseases.

On behalf of the organizing committee, we assure you that it will be one of the best conference. We have chosen venue with par-excellent hospitality and accommodation arrangements to make it the memorable conference.

With your active cooperation, we are giving a new dimension to the scientific programme covering A to Z of sleep medicine.

Eagerly awaiting to receive you at Jaipur to enjoy the scientific feast & hospitality.



Dr N K Jain
PATRON-in-Chief



Dr R K Jenaw
PATRON



Dr Shubhanshu
ORGANIZING CHAIRMAN



Dr Himanshu Garg
Chairman Scientific Committee
& SEAASM Co-ordinator

Faculty List

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Dr. H.J. Singh	Jalandhar
Dr. B.P. Singh	Lucknow
Dr. Gopal Rawal	Ahmedabad
Dr. Bornali Datta	Medanta, New Delhi
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Dr. Mitesh Sajapati	Kathmandu Nepal
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